

Gardening Uncovered: Heat Tolerant Plants

By Martha Vaughn

Hibiscus, Canna Lily, Mandeville,

Dutchman's Pipe, Sun Rose

One of the things I love about Florida is that gardeners get to mix their spaces with annuals and perennials that will bloom throughout the year. In Central Florida, gardeners have the luxury of a large plant selection that they can enjoy pretty blooms throughout the year. Now that we are moving from the mild temperatures of spring to the heat of Summer, let us discuss heat tolerant plants that will thrive all summer long.



Canna Lilly: When most flowers cannot take the heat, Canna Lilies thrive. Beautiful veined paddle shaped leaves with sheathing leafy stalks in shades of green or bronze are magnificent. Late Spring, early Summer and even to the first frost, Canna Lilies delight gardeners with their beautiful, red, orange, yellow and pink flowers. This versatile perennial is perfect for tall borders or dramatic group planting. Basking in full sun or partial shade, Canna Lilies are perfect for tall borders or dramatic group

plantings. Backlit by the setting sun, Canna Lilies make great focal points in patio planters or liven up water feature planting. These beauties can steal the show or support a cast mixed in with other plants such as lantana, zinnia, elephant ears, grasses and more.



Dutchman's Pipe: Dutchman's Pipe also known as Pipevine is a deciduous vine climbing 20-35 feet with twining stems. Single or small clumps of 2-3 flowers are pipe-shaped, mottled green and burgundy with yellow tubes. Three to four inch cylindrical capsules stay green throughout the summer ripening to a gray or black at the end of the season. Green stems bear large heart shaped leaves, dark-green on top and pale-gray on bottom. This woody climbing vine is part of the Birthwort Family.

Preferring rich, moist and well-drained soil, Dutchman' Pipe likes full sun to partial shade. Dutchman's Pipe makes a great addition to butterfly, native, or pollinator gardens.



Hibiscus: A Florida garden staple, Hibiscus offer large dramatic blooms in beautiful bright colors. Hybrid varieties make this perennial ideal in containers, gardens, and landscape design. Hibiscus can range in size from low spreading shrubs to upright trees that can reach 6-8 feet in height. Hibiscus boast vibrant trumpet or bell-shaped blooms. Popular colors are white, red, pink, orange, yellow, peach, and purple, but with many hybrid varieties available, you are sure to find many options. Individual

flowers are short-lived, but this fast-growing perennial will produce blooms over a long flowering season.



Mandevilla: When other plants melt in the summer heat, the Mandevilla seems to smile as it shows off trumpet-shaped blooms along its woody twining stems. A great choice to add height to landscapes, it does will in containers, on trellis, pergola, arbors or mailboxes. Medium sized flowers are typically, white, red, yellow or pink. Planting in full sun, this beauty will enjoy a long flowering season if watered and fertilized regularly. Pinching back growing shoots or directing them into

trellis, arbor, pergola can help to maintain its shape and height.



Sun Rose: Perfect for cover, the Sun Rose forms a dense mat that grows in flat clumps along the ground ranging from six to twelve inches in height. Bright green heartshaped succulent leaves, frame small reddish-purple to pinkish-purple flowers with yellow centers. Use as bank cover, along retaining walls, in containers, rock gardens, hanging baskets, cascading down walls, or around boulders. It looks especially nice on the north sides of

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buildings or walls and in north facing planters.

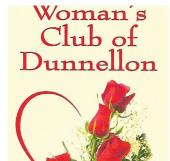
"The presence of flowers triggers happy emotions, heightens life satisfaction and affects social behavior in a positive manner far beyond what is normally believe," according to a study completed Rutgers.

Anson Nursery is Citrus Counties' premiere garden center stocking varieties of heat tolerant plants perfect for our Florida summers. They also carry supplies and accessories that are sure to make your gardening or landscaping projects run smoothly.

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Sources:

Haviland-Jones, Jeanette. "Emotional Impact of Flowers Study." About Flowers, 23 May 2021, safnow.org/aboutflowers/quick-links/health-benefits-research/ emotional-impact-of-flowers-study/.



Woman's Club of Dunnellon News

Submitted By Doreen Vaughan

Join the Women's Club of Dunnellon in welcoming their 2021-2022 Officers. The club held their officer's installation luncheon on May 13th.



2021 - 2022 club officers are from left to right: Ginny Scott, 2nd Vice President; Mary Ann Soloway, Corresponding Secretary; Kerry Erickson, Recording Secretary; Elaine Wiltse, Treasurer; Dawn Fortuna, 1st Vice President; Judy Edwards, President and Carole Wagner, Immediate Past President.

The Mary L. Schwartz Memorial Service Scholarship is awarded to graduating senior girls from Dunnellon High School. This year two \$1,000 scholarships were awarded.



Left to right are: Carole Wagner, Woman's Club President, Rachel Mobley, Kylee Follett and Judy Ballance, Woman's Club Scholarship Committee Chairperson.